

Garden State Rainbow Sports (GSRS) – FAQ

Welcome to the Garden State Rainbow Sports (GSRS) FAQ. Whether you're a player, fan, or ally, this guide will answer your questions about New Jersey's LGBTQ+ sports community.

About GSRS

What is Garden State Rainbow Sports?

GSRS brings together LGBTQ+ athletes and allies across New Jersey to build an inclusive sports community. We offer competitive and recreational leagues, tournaments, and social events.

Who can join GSRS?

Anyone can join. LGBTQ+ athletes, allies, and supporters of all skill levels are welcome. Whether you compete regularly or just want to stay active, you'll find a place here.

What sports does GSRS offer?

Our leagues and events include:

- First Saturday Fun Run & Power Walks
- Golf
- Dodgeball
- Tennis
- Basketball

We also organize fun runs, fitness meetups, and social events (we will add more sports as requested)

Joining & Participating

How do I sign up for a team or league?

Visit our website or follow us on social media for registration details. We post sign-up links for leagues, tournaments, and pickup games regularly.

Do I need sports experience to join?

No. GSRS welcomes all skill levels, from beginners to experienced athletes. The focus is on fun, fitness, and community.

Are there gender-specific teams?

Most leagues are mixed-gender and open to all identities. We focus on creating safe, affirming spaces where everyone can play comfortably.

Events & Community

Does GSRS host social events?

Yes. Sports are only part of what we do. We also organize happy hours, game watch parties, pride events, and other gatherings throughout the year.

Can I volunteer with GSRS?

Yes. Volunteers help organize events, coach, referee, and support the league in other ways. Let us know if you'd like to get involved.

Does GSRS compete in tournaments?

Yes. Our teams take part in local and national LGBTQ+ tournaments. Let us know if you're interested in competing.

Other Questions

How can I stay updated on GSRS events?

Follow us on social media and subscribe to our newsletter for updates on upcoming games, leagues, and events.

Is there a membership fee?

At the moment, we do not charge membership fees. However, some leagues require fees to cover facility rentals, equipment, and referees. As we grow, we may introduce a membership fee to help sustain and expand our programs while keeping sports accessible to everyone. We remain committed to offering some free and low-cost events throughout the year.

How can I support GSRS?

You can support GSRS by playing, volunteering, donating, or spreading the word. Sponsorship opportunities are also available for businesses looking to uplift LGBTQ+ sports.

Got more questions? Reach out anytime.

Email: info@gsrainbowsports.org

Website: <https://www.gsrainbowsports.org/>

Social Media: IG: [@gsrainbowsports](https://www.instagram.com/gsrainbowsports)

FB: [@gsrainbowsports](https://www.facebook.com/gsrainbowsports)

